

# GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: LIZV

Coachinfo: Warming up from: 13:00 until 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Oyague Myriam HEADCOACH

Coaches: Paulussen Sabine

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 10: 100M BREASTSTROKE WOMEN 11+ Heat:3, starttime: 14:15**

**Heat: 3/20 Lane : 4 Athlete: WALSCHOT ALICYA Q-time: 01:48:93**

**PB (50m pool): 01:48.93 SportinGenk Park 24/05/2026 PB (25m pool): 01:47.16 SB: 01:48.93 SportinGenk Park 24/05/2026**

	<b>50 M</b>	<b>100 M</b>	
PB	00:51.66	01:48.93	
	<i>00:51.66</i>	<i>00:57.27</i>	
	. . . . .	. . . . .	

Coach feedback:

**Event number: 10: 100M BREASTSTROKE WOMEN 11+ Heat:4, starttime: 14:15**

**Heat: 4/20 Lane : 2 Athlete: TRUIJEN LORE Q-time: 01:48:07**

**PB (50m pool): no time PB (25m pool): 01:48.07 SB: no time**

	<b>50 M</b>	<b>100 M</b>	
PB	no time	no time	
	<i>no time</i>		
	. . . . .	. . . . .	

Coach feedback:

**Event number: 10: 100M BREASTSTROKE WOMEN 11+ Heat:6, starttime: 14:20**

**Heat: 6/20 Lane : 4 Athlete: PAULUSSEN SABINE Q-time: 01:41:40**

**PB (50m pool): 01:41.40 SportinGenk Park 06/04/2026 PB (25m pool): 01:36.78 SB: 01:41.40 SportinGenk Park 06/04/2026**

	<b>50 M</b>	<b>100 M</b>	
PB	00:47.47	01:41.40	
	<i>00:47.47</i>	<i>00:53.93</i>	
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Coach feedback:

# GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: LIZV

<b>Event number: 10: 100M BREASTSTROKE WOMEN 11+</b>		<b>Heat:7, starttime: 14:25</b>	
<b>Heat: 7/20 Lane : 7 Athlete: FRANSSEN KATRIJN</b>		<b>Q-time: 01:41:09</b>	
PB (50m pool): 01:41.09 SportinGenk Park 24/05/2026		PB (25m pool): 01:41.21 SB: 01:41.09 SportinGenk Park 24/05/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:47.55	01:41.09	
	<i>00:47.55</i>	<i>00:53.54</i>	
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Coach feedback:

<b>Event number: 11: 100M BREASTSTROKE MEN 11+</b>		<b>Heat:4, starttime: 15:00</b>	
<b>Heat: 4/19 Lane : 8 Athlete: VANDEWAL NOAH</b>		<b>Q-time: 01:53:16</b>	
PB (50m pool): 01:53.16 SportinGenk Park 24/05/2026		PB (25m pool): 01:53.22 SB: 01:53.16 SportinGenk Park 24/05/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:55.19	01:53.16	
	<i>00:55.19</i>	<i>00:57.97</i>	
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Coach feedback:

<b>Event number: 11: 100M BREASTSTROKE MEN 11+</b>		<b>Heat:5, starttime: 15:00</b>	
<b>Heat: 5/19 Lane : 3 Athlete: DUBOIS MELS</b>		<b>Q-time: 01:44:28</b>	
PB (50m pool): 01:44.28 SportinGenk Park 24/05/2026		PB (25m pool): 01:46.25 SB: 01:44.28 SportinGenk Park 24/05/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:50.09	01:44.28	
	<i>00:50.09</i>	<i>00:54.19</i>	
	.....	.....	

Coach feedback:

<b>Event number: 11: 100M BREASTSTROKE MEN 11+</b>		<b>Heat:6, starttime: 15:05</b>	
<b>Heat: 6/19 Lane : 3 Athlete: AGTEN JARNO</b>		<b>Q-time: 01:41:31</b>	
PB (50m pool): 01:41.31 SportinGenk Park 06/04/2026		PB (25m pool): 01:38.00 SB: 01:41.31 SportinGenk Park 06/04/2026	
	<b>5 0 M</b>	<b>1 0 0 M</b>	
PB	00:47.08	01:41.31	
	<i>00:47.08</i>	<i>00:54.23</i>	
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Coach feedback:

# GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: LIZV

<b>Event number: 13: 400M FREESTYLE WOMEN 11+</b>							<b>Heat:1, starttime: 15:50</b>	
<b>Heat: 1/6 Lane : 1 Athlete: FRANSSEN KATRIJN</b>							<b>Q-time: 99:99:99</b>	
PB (50m pool): no time			PB (25m pool): no time			SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	no time
	<i>no time</i>							
	.....	.....	.....	.....	.....	.....	.....	.....

Coach feedback:

<b>Event number: 13: 400M FREESTYLE WOMEN 11+</b>							<b>Heat:3, starttime: 16:05</b>	
<b>Heat: 3/6 Lane : 3 Athlete: PAULUSSEN SABINE</b>							<b>Q-time: 05:52:15</b>	
PB (50m pool): 05:52.15 SportinGenk Park 19/05/2024			PB (25m pool): 05:50.44			SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	no time	no time	no time	no time	no time	no time	no time	05:52.15
	<i>no time</i>							
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Coach feedback:

<b>Event number: 14: 400M FREESTYLE MEN 11+</b>							<b>Heat:1, starttime: 16:30</b>	
<b>Heat: 1/6 Lane : 6 Athlete: VANDEWAL NOAH</b>							<b>Q-time: 07:32:86</b>	
PB (50m pool): 07:32.86 SportinGenk Park 24/05/2026			PB (25m pool): no time			SB: 07:32.86 SportinGenk Park 24/05/2026		
	<b>5 0 M</b>	<b>1 0 0 M</b>	<b>1 5 0 M</b>	<b>2 0 0 M</b>	<b>2 5 0 M</b>	<b>3 0 0 M</b>	<b>3 5 0 M</b>	<b>4 0 0 M</b>
PB	00:54.66	01:52.06	02:52.18	03:51.04	04:48.27	05:45.19	06:41.24	07:32.86
	<i>00:54.66</i>	<i>00:57.40</i>	<i>01:00.12</i>	<i>00:58.86</i>	<i>00:57.23</i>	<i>00:56.92</i>	<i>00:56.05</i>	<i>00:51.62</i>
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Coach feedback:

<b>Event number: 15: 100M BACKSTROKE WOMEN 11+</b>							<b>Heat:1, starttime: 17:05</b>	
<b>Heat: 1/17 Lane : 1 Athlete: TRUIJEN LORE</b>							<b>Q-time: 99:99:99</b>	
PB (50m pool): no time			PB (25m pool): no time			SB: no time		
	<b>5 0 M</b>	<b>1 0 0 M</b>						
PB	no time	no time						
	<i>no time</i>							
	.....	.....						

Coach feedback:

# GP MOL 26: Session: 2: COACH evaluation sheet for TEAM: LIZV

<b>Event number: 15: 100M BACKSTROKE WOMEN 11+</b>		<b>Heat:2, starttime: 17:10</b>
<b>Heat: 2/17 Lane : 8 Athlete: WALSCHOT ALICYA</b>		<b>Q-time: 01:43:96</b>
PB (50m pool): no time		PB (25m pool): no time SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	no time
	<i>no time</i>	
	. . . . .	. . . . .

Coach feedback:

<b>Event number: 15: 100M BACKSTROKE WOMEN 11+</b>		<b>Heat:4, starttime: 17:15</b>
<b>Heat: 4/17 Lane : 8 Athlete: COLSON FLEUR</b>		<b>Q-time: 01:34:75</b>
PB (50m pool): 01:34.75 SportinGenk Park 19/05/2024		PB (25m pool): 01:25.84 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	01:34.75
	<i>no time</i>	
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Coach feedback:

<b>Event number: 16: 100M BACKSTROKE MEN 11+</b>		<b>Heat:3, starttime: 17:45</b>
<b>Heat: 3/15 Lane : 8 Athlete: AGTEN JARNO</b>		<b>Q-time: 01:42:77</b>
PB (50m pool): 01:42.77 SportinGenk Park 06/04/2026		PB (25m pool): no time SB: 01:42.77 SportinGenk Park 06/04/2026
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	00:48.27	01:42.77
	<i>00:48.27</i>	<i>00:54.50</i>
	. . . . .	. . . . .

Coach feedback:

<b>Event number: 16: 100M BACKSTROKE MEN 11+</b>		<b>Heat:4, starttime: 17:45</b>
<b>Heat: 4/15 Lane : 1 Athlete: DUBOIS MELS</b>		<b>Q-time: 01:34:49</b>
PB (50m pool): no time		PB (25m pool): 01:28.16 SB: no time
	<b>5 0 M</b>	<b>1 0 0 M</b>
PB	no time	no time
	<i>no time</i>	
	. . . . .	. . . . .

Coach feedback: